



## Leven Medical Practice Newsletter

5th edition – December 2010

### ► Welcome

Welcome to the Leven Medical Practice Newsletter. As mentioned previously, we use this Newsletter to keep you up to date with new developments at the Health Centre, with new ideas for improving our services to patients, and also to let you know about the full range of medical services we provide.

### ► Royal College of General Practitioners Quality Practice Award

Over the last 18 months, the Practice has been working towards achieving the Quality Practice Award (QPA). This award recognises the highest quality of patient care delivered by every member of the team.

We have submitted a portfolio of written evidence about our patient care in 6 modules and this evidence is compared to set criteria [decided by the RCGP]. We've sent in more than 500 pages of detailed submissions, and now we are preparing for the Assessment Visit - a full day review conducted by a visiting panel of four experts.

Our Assessment visit was due to take place on the 8<sup>th</sup> December but was postponed due to bad weather. A new date has been set for the 2<sup>nd</sup> February 2011.

### ► Festive Holidays



This year, the practice will be closed for four days over Christmas (Saturday 25<sup>th</sup> December – Tuesday 28<sup>th</sup> December) and for four days over New Year (Saturday, 1<sup>st</sup> January to Tuesday 4<sup>th</sup> January). Please make sure you order and collect your repeat medication in plenty time before the festive holidays.

If you need to see a doctor when the surgery is closed, please contact NHS24 on 08454 24 24 24 or online at [www.nhs.24.com](http://www.nhs.24.com)

## ▶ Flu Vaccination

If you have not yet had a flu vaccination, are in one of the categories listed below and would like to receive a vaccination please contact reception for an appointment. It is not too late.

### DO YOU QUALIFY FOR A FLU VACCINATION?

Check below:

If you are in any of the following categories:

- You are 65 years old or over
- You have a serious heart or chest complaint, including asthma
- You have a serious kidney disease
- You have diabetes
- You are immunosuppressed
- You are a carer



## ▶ Health Fact

Cold and flu viruses can survive on hard surfaces such as phones and hand rails for some time. Regular, effective hand washing can reduce your chances of infection significantly. For further information visit:

<http://www.washyourhandsofthem.com>



## ▶ Do you have any unwanted medication?

Did you know that you can give your unwanted medication back to your chemist? Keeping unwanted or unused medication in your home can be confusing and also dangerous. Take it back to your pharmacy and they will destroy it safely for you.



**All GPs and Staff would like to wish you all a very Merry Christmas and a Happy New Year**

