



Leven Medical Practice Newsletter

Winter – January 2012

▶ Welcome

Welcome to the Leven Medical Practice Newsletter. As mentioned previously, we use this Newsletter to keep you up to date with new developments at the Health Centre, with new ideas for improving our services to patients, and also to let you know about the full range of medical services we provide.

▶ Staff News

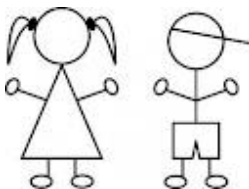
We said farewell to Dr Jennifer Powell in November 2011.

Dr Powell worked with us for 4 years and has now taken up a permanent position in another practice. We wish her well for the future.



We will welcome Dr Sarah Lewis to Leven Medical Practice in March 2012. Dr Lewis will work all day Wednesday and a Friday morning. We are all looking forward to working with her!

▶ Chaperones



It is the policy of this practice to respect the privacy, dignity, religious and cultural beliefs of our patients.

If you feel that you would like a chaperone to be present during a physical examination by a doctor or any other health professional who may be consulting at the surgery (or if you would prefer to be examined by a doctor or health professional the same sex as yourself), please let us know and we will do our best to comply with your wishes.



Have you changed your mobile phone number recently?

Please remember to let us know any number or address changes so we can update our records.

▶ Your test results

As the telephones are busiest in the mornings, please contact the surgery **after** 3.30pm for the results of any tests. Remember we are open until 6 pm.

▶ Steroid Joint Injections

Steroid joint injections are given to help reduce pain and swelling, and to help joints move more freely. Many people have steroid injections into their shoulders, knees, elbows or hands, or joints that are affected by arthritis. Small amounts of steroid can treat conditions such as tennis elbow or carpal tunnel syndrome.

If you wish to discuss the possibility of having a steroid joint injection you can speak to Dr Carroll at telephone time: 11am-11.15am or 3pm-3.15pm Monday to Friday.

▶ Repeat prescription requests



Please put your request in writing or use the right hand side of your most recent prescription. If you want your prescription posted to you, please send us a supply of stamped addressed envelopes.

You can deliver your request in person, by post, fax or email [**prescriptions.s70107@lothian.scot.nhs.uk**](mailto:prescriptions.s70107@lothian.scot.nhs.uk) – please allow 24 hours before collection.

▶ Your Suggestions & Comments

We welcome and appreciate any views or suggestions you may have regarding any aspect of our service. We are always looking for ways to improve the service we provide you. Please direct any suggestions/comments to Fiona Gilbert, Practice Manager.