



Leven Medical Practice Newsletter

Autumn 2011

► Welcome

Welcome to the autumn edition of the Leven Medical Practice Newsletter. As mentioned previously, we'll use the Newsletter to keep you up to date with new developments at the Health Centre, with new ideas for improving our services to patients, and also to let you know about the full range of medical services that we can provide.

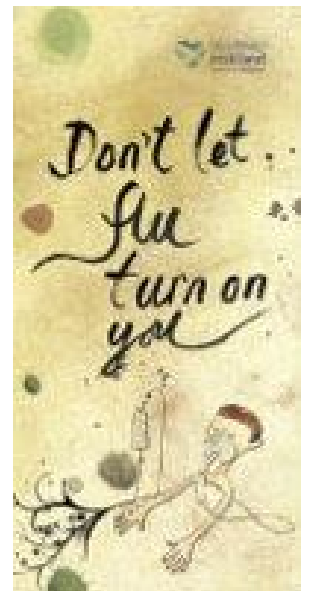
► Flu Vaccinations 2011/12

Flu vaccinations are now in stock. If you are in one of the categories listed below and would like to receive a vaccination please contact reception for an appointment.

DO YOU QUALIFY FOR A FLU VACCINATION?

If you are in any of the following categories:

- You are 65 years old or over
- You have a serious heart or chest complaint, including asthma
- You have a serious kidney disease
- You have diabetes
- You are immunosuppressed
- You are a carer



▶ **Cervical Smears**

All women aged 20 – 60 across Scotland are invited to have a cervical screening test every three years or more frequently if indicated. A computerised recall system is operated and you will be notified by letter when your next smear is due.

When you receive your notification letter please book an appointment with the Practice Nurse or Doctor of your choice. When making the appointment mention to the Receptionist that it is for a smear test.

If you have not had a smear for more than 3 years, or if you require more information please contact the Practice Nurse to find out more information.

▶ **Change of contact details?**



If you have recently changed your address, telephone number, or have a mobile number, please let us know, so that we can keep your contact details up to date.



▶ **Patients Failing to Attend for Nurse Appointments**

115 patients failed to attend pre-booked appointments with the Practice Nurses over the last 12 weeks. This equates to almost 10% of all Practice Nurse appointments available during this period.

These wasted appointments increase the waiting time for other patients.

It is therefore very important that if you have an appointment with the Practice Nurse and then decide that you do not need to attend, that you remember to contact the surgery and cancel the appointment. This allows us to offer the appointment to another patient.