

Leven Medical Practice Newsletter

Summer – July 2012

► Welcome

Welcome to the summer edition of the Leven Medical Practice Newsletter. As mentioned previously, we use this Newsletter to keep you up to date with new developments at the Health Centre, with new ideas for improving our services to patients, and also to let you know about the full range of medical services we provide.

► Extended Hours Access

Open Surgery and Nurse Brough start at 8.00am on a Wednesday.

Dr Carroll & Dr Marshall have pre bookable telephone appointments on a Wednesday morning between 7.30am and 8.00am. In addition Dr Carroll offers pre bookable telephone appointments on a Tuesday evening from 6.00pm to 6.30pm.

The extended hours service will be subject to change during times of absence of the participating doctors/nurse.

► Staff News

We said farewell to Marnie in April, she worked with us as a receptionist for 4 years - we wish her well in her future career.



The practice welcomed Kirsty to the reception team in May 2012. We are all looking forward to working with her!

Remember if you need to see a doctor when the surgery is closed, please contact NHS24 on 08454 24 24 24 or online at www.nhs.24.com



▶ Summer Holidays are here!



If you require travel advice and immunisations, please collect a form from reception and make an appointment with the Practice Nurse, at least eight weeks before you go. This will give you adequate time to discuss any vaccinations that you might need.

▶ Family Planning Service

Dr Marshall offers an intrauterine contraceptive device fitting service. This form of birth control can be particularly useful for women who feel they may have completed their family or who wish to leave a gap of a year or more between their pregnancies.

Dr Marshall & Dr Lewis offer Nexplanon (contraceptive rod) fitting and removal.

Please ask to see Dr Marshall either in open surgery or by appointment if you would like to consider either of these long-acting reversible methods of contraception.





▶ Steroid Joint Injections

Steroid joint injections are given to help reduce pain and swelling, and to help joints move more freely. Many people have steroid injections into their shoulders, knees, elbows or hands, or joints that are affected by arthritis. Small amounts of steroid can treat conditions such as tennis elbow or carpal tunnel syndrome.

If you wish to discuss the possibility of having a steroid joint injection you can speak to Dr Carroll at telephone time: 11am-11.15am or 3pm-3.15pm Monday to Friday.

▶ Your Suggestions & Comments

As always we welcome and appreciate any views or suggestions you may have regarding any aspect of our service. We are always looking for ways to improve the service we provide you. Please direct any suggestions/comments to Fiona Gilbert, Practice Manager.

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