

Maternal Mental  
Health Week 29th  
April - 5th May 2024  
“Rediscovering you”

Join us for a lunch ‘n’ learn this  
maternal mental health week. Find  
out more information & how to join  
here:



Let’s keep talking  
about maternal  
mental health follow  
us on X (formerly  
twitter)  
@PerinatalLoth

For professionals seeking specialist advice  
regarding patients presenting with mental health  
concerns in the perinatal period we at the  
Community Perinatal Mental Health Team  
are available to discuss.

Our advice line is available 10:00-16:00  
Monday to Friday (except public holidays)  
on 01506 523 918



Perinatal Mental Health Service